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# Kailash Mansarovar by Road from Kathmandu ★★★★

Start Point: Kathmandu, End Point: Kathmandu, Trip Duration: 14 Days, Activity Level: Challenging

Kailash Mansarovar Yatra is considered as one of the most pious pilgrimage for the followers of Hindu and Jain religion and at the same time the most difficult trekking trip of Asia. However, with Kailash Mansarovar overland tours the difficult terrain of Kailash Manasarovar becomes comparatively easy and accessible with the modern road infrastructure and transport system in Tibet. This 14 days long trip filled with spirit of adventure begins from Kathmandu with a rough and scenic drive to Keyrung, crossing Nepalese border at Rasuwagadi. The black top roads of Tibet leading to Lake Mansarovar and Mount Kailash offers scenic view of snowcapped mountains and great Tibetan plains.

**TRIP SCHEDULE** 

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# **Trip Schedule**

13 nights / 14 days from Kathmandu to Kathmandu by road (May to October'2023)



**DAY 01:** ARRIVE KATHMANDU

Start your trip from Kathmandu today as you arrive at Kathmandu international airport. Upon arrival the representative of Max Holidays will greet you outside the airport and will provide you transfer to your hotel in Kathmandu. Rest of the time is free. Dinner and night stay will be at the hotel.

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Meals Included: Veg Buffet Dinner at the hotel

Max. Elevation: 1400 m

Accommodation Style: 3\* equivalent hotel



**DAY 02: KATHMANDU TEMPLE TOUR** 

At around 08.00 am the temple visit will start. We will try to reach

Pashupatinath Temple before 09.00am to attend aarti in the main temple. Also visit many small and big temples in the complex. After visiting Pashupatinath Temple visit the 'Sleeping Vishnu' temple (Jal Narayan Temple) and

Guheshwari Mata Temple. After visiting temples, drive back to your hotel and spend time in preparing for the next day travel to Nepal-China border. If you want to buy some stuff for your trip you may pay a visit to the popular market of Thamel. Here you may get almost every item related to trekking and adventure activities. In the evening, we will have short briefing program followed by introduction of all group members. Overnight stay and dinner at the hotel.

Meals included: Veg Breakfast, Lunch and Dinner

Max. Elevation: 1400 m

Distance covered: 40 kms within the city / 04 hours

Accommodation Style: 3\* equivalent hotel



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**Optional tour:** An hour mountain flight over the world's highest mountain peaks can be a feast for the eyes of the travelers. The flight departs at around 06.30am from domestic airport. If you want to take this trip, please book in advance to avoid non-availability of seats.



#### **DAY 03:** KATHMANDU to SYABRU BESI DRIVE

After breakfast, the group will drive to Syabru Besi (2380m) in a bus. The drive to Syabru Besi is not long in distance but the bad road conditions and traffic can make it much tiring, uncomfortable and time taking. Estimated driving time is around 07 - 08 hours to cover the distance of 148kms. Upon reaching Syabru Besi, stay will be organized in a lodge. Dinner and stay at Syabru Besi.

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Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation: 2380 m

Distance covered: 148 kms / 7-8 hours approx.

Accommodation Style: Guesthouse



## **DAY 04:** SYABRU BESI to KEYRONG (Gyirong)

Today the group will be entering China and there can be time taking formalities at the border immigration. The guide might announce early wake up and breakfast so that we reach the border early to avoid rush of pilgrims at the border immigration counter. We start our short drive to the Nepalese border Rasuwagadhi (1850m) which is about 15 kms 01 hour) from Syabru Besi. After completing immigration formalities, the group will cross the border on foot to reach China side. The pilgrims are then transferred on their Chinese bus for onward 110 kms drive to Keyrong (2700m). Travel in sturdy and comfortable vehicles that are controlled and guided by Tibetans. The accompanying Nepalese Sherpas get into the coaches after loading your luggage, necessary



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food materials, water supply etc and the onward journey into the Tibetan/Chinese region continues toward the town of Keyrong (also spelled as Gyirong or Kerung sometimes). On arrival, check into your guesthouse and take rest. Our kitchen crew will serve hot tea or coffee with light snacks within short interval of time, after setting their kitchen. Then you can stroll around hotel vicinity or go for a walk in nearby markets. Dinner will be prepared by our Nepalese chef and serve between 7 to 8 PM (local time). Overnight stay will be in a guesthouse at Keyrong in dormitory style.

Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation: 2700 m

Distance covered: 45 kms / 2 hours approx.

Accommodation Style: Guesthouse on sharing basis

**Suggestion:** As you are now travelling in high altitude, there might be some consequences of uneasy feeling with your health, therefore it is advised to all travelers that they drink liquid more as possible that may be in any form of soup, juice, tea, coffee or hot water etc. This will help them in rehydration as well as in improving the breathing system.



## **DAY 05:** FREE DAY KEYRONG FOR ACCLIMATISATION

This day is reserved for acclimatization in Tibet's tough climatic conditions. Our tour manager will assist you for a short hike in and around Keyrong for warming up your body to adjust with Tibet's high altitude. Also, you can enjoy the day with chanting Bhajan or Katha in the guesthouse. (Note - If situation permits, the guides may take the group to Saga (4640m) today for night stay).

Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation : 2700m (Keyrong),

Distance covered: 0 km

Accommodation Style: Guesthouse on sharing basis

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### DAY 06: KEYRONG to SAGA / DONGBA

The enjoyable drive through the mountains terrain and then the plains of Tibet provides us a marvelous view as we travel to Saga from Keyrong. Cross the Yarlung Zangpo (Brahmaputra River) and then turn for the northern route, and arrive at beautiful town of Saga (4640m). Saga is a beautiful Tibetan town with some fairly good hotel or guesthouses, some good local restaurants and market where you can spend good time while acclimatizing. Meals and night stay will be at Saga.

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**Note :** If time and situation permits, the guide will take the group further to Dongba for night stay to minimize the driving time for the following day to Lake Mansarovar.

Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation: 4640 m

Distance covered: 175 kms / 4 hours

Accommodation Style: Hotel / Guesthouse

## **DAY 07:** SAGA to LAKE MANSAROVAR

Today is an important day of your drive as today you will not only reach the holy Lake Mansarovar but will also get the first glimpse of holy Mount Kailash. The drive starts early as we have to travel a long way to Lake Mansarovar and there are several check points on the way which will make the journey tiring and time taking. It is estimated to start the drive by 07.00 am. Before Mayumla Pass (4900m) we will stop at the check post. From here we continue our drive to Lake Mansarovar and get the first darshan of Mount Kailash. Though the drive today is long but the road conditions are good and surrounded with scenic beauty. Reach Lake Mansarovar and check into a questhouse. Dinner and stay will be at the guesthouse.



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Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation: 4590 m

Distance covered: 461 kms / 08-09 hours

Accommodation Style: Guesthouse on sharing basis

**Night view of Lake Mansarovar**: In the night the travelers may pay a visit to Lake Mansarovar to witness its beauty under the moon light. Though visiting lake in the night is completely safe but it is advisable to go in a group and if possible take a Nepalese Sherpa with you for any required help. Cover yourself properly with warm clothes or blanket as the temperature outside will be cold. Also don't forget to carry a torch and a whistle.

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#### **DAY 08: LAKE MANSAROVAR to DARCHEN**

Early morning visit the Mansarovar lake for holy bath, performing puja, hawan and other rituals as per your own customs. The lake looks stunning in the morning and the beautiful sight of Mount Kailash makes it even more delightful. The water of the lake will be definitely very cold but the devotees are always full of spirituality and devotion and do not wish to skip this holy bath. It is to be noted carefully that the recent change in the law of Tibetan Govt has restricted dip bath in the lake and has categorized it as a punishable offence. So kindly refrain from going inside the lake and for the bath ask our sherpas only to bring water in a bucket for you. After dip bath and prayer the group is ready to drive to Darchen and will travel through Rakshasa Taal and Chiu Gompa by performing 70% parikrama of the holy lake. Remaining part of parikrama will be performed while coming back from Darchen after kora of Mt. Kailash.

On reaching Darchen check into the hotel and spend rest of the time relaxing and preparing for the next day kora of Mount Kailash. Dinner and night stay at the hotel.



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Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation: 4575 m Distance covered: 114 kms

Accommodation Style: 3\* equivalent hotel on sharing basis



**DAY 09:** 1st DAY KORA/PARIKRAMA OF MT. KAILASH, 12 KMS TREK to DIRAPUK

Today, we wake up early and after taking light breakfast, we head to Tarboche. Do not forget to fill your water bottle before leaving for the trek. All pilgrims have the opportunity to visit Yama Dwar before trek (kora) starts. Tarboche is the point (towards the South face of Mount Kailash) where one can hire horse/pony to ride on the trek during the kora. The price and availability of horse/pony and porter is controlled by the local Union and Kailash yatra trip operators and our team will have no control over it. From Tarboche we proceed to Yama Dwar which is considered to be the start point of Kailash kora. From Yama Dwar we start 12 kms trek to Dirapuk slowly and gradually. The trek to Dirapuk Gompa today is fairly easy but as you walk in high altitude lack of oxygen in the air makes the trek little difficult, as you feel short of breath on the trek. We will take a stop in the middle of the trek where we find some small shops and tea stall and then again continue to Dirapuk. On reaching Dirapuk the pilgrims will see the majestic Mount Kailash standing high on right side of their trek. Take some beautiful photos and then continue to your guesthouse near Dirapuk Monastery. The night will be too cold below zero degree temperature so we will have quick and light dinner (Khichdi, soup etc) and rest in the bed.

**Important remark:** Group members who want to make change in their schedule and do not want to go for trek may visit Yama Dwar and come back. They may ask the guide to arrange for their hotel stay in Darchen and can pay for their hotel and other additional expenses directly.



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**Optional trip from Darchen**: It is possible to arrange a visit to Ashtapad from Darchen on request of the pilgrim but please be informed that one should trek from Darchen to Ashtapad and back to Darchen, as there is no transport service permitted by Chinese authorities in this area. The trip to Ashtapad is subject to permission of local authorities and on direct payment basis to Tibetan guides.

**Optional visit from Dirapuk**: Charan Sparsh (5475 m is 3 kms trek from Dirapuk Gompa. One can ask the tour guide to organize for this short trek to touch feet of holy Mt. Kailash. This visit is not a part of the tour package and depends on guide's decision and availability of time. The trek towards the feet of Mt. Kailash is tough and is not compulsory for the guide to arrange. All expenses for organizing this additional visit is to be paybel by the pilgrims directly to the guide.

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Meals included: Veg Breakfast, Packed snacks, Light Dinner

Max Elevation: 5210 m

Distance covered: 06 kms drive +12 kms trekking Accommodation Style: Guesthouse on sharing basis



DAY 10: 2nd DAY PARIKRAMA, 22 KMS TREK to ZUTHULPUKH via **GAURI KUND** 

Wake up very early morning before dawn and witness the first sunlight on Mt. Kailash offering amazing view of the 'Golden Kailash'. Take a quick light breakfast, fill hot water in your flask and carry your snacks for the lunch and get ready to begin the trek towards Zuthulphuk. This day is considered as the toughest day of this entire trip as the trek goes steep up continuously up to Dolma-La pass (5630 m) and then steep down to Gauri Kunda. Near Dolma La pass you will witness colourful flags around and belongings of people spread nearby. This place is called Shiva Tsal (Shiva Sthal). It is said that people



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performing parikrama must leave something behind here may be a used cloth or ornament or a drop of blood or a lock of hair which symbolizes the act of leaving this life behind and wishing for the end of a miserable life. The total trek today we have to cover is about 22 kms to reach Zuthulpuk Gompa for night stay.

**Important remark**: If at Dirapuk you do not feel for continuing trek further to Zuthulpuk and wish to change your schedule and go back to Darchen for night stay, you must inform the guide for additional arrangement for you. All additional expense for the change including accommodation and meals at Darchen are to be taken care by the traveler(s) changing their schedule.

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Meals included: Veg Breakfast, Packed Lunch/snacks, Light Dinner

Max Elevation: 5630 m.

Distance covered: 22 kms trekking

Accommodation Style: Guesthouse on sharing basis



## **DAY 11:** 3rd DAY TREK to DARCHEN, DRIVE to SAGA

This is our last day on Mount Kailash trek. Wake up and after light breakfast we continue our trek down to reach Darchen. We walk on gradual trek for about 6 kms and reach at a point where the vehicles are waiting for us. The vehicles will take us to Darchen where other group members are waiting. After some refreshment continue drive to Saga by completing the remaining course (approx. 30%) of Lake Manasarovar parikrama by vehicle. Relaxed time and stay at guesthouse in Saga.

Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation: 4640 m Distance covered: 492 kms

Accommodation Style: 3\* equivalent hotel



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#### **DAY 12:** SAGA to KEYRONG

After breakfast we begin our journey towards Keyrung. We cross the bridge over beautiful Brahmaputra River and continue our journey across the vast open Tibetan plains. The journey offers stunning Himalayan views, particularly of Shishapangma and the Pieko-Tso Lake. Driving on well-pitched roads and mountainous terrain we reach Keyrung for night stay.

Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation: 2700 m

Distance covered: 105 kms

Accommodation Style: Guesthouse on sharing basis



#### DAY 13: KEYRONG to KATHMANDU via RASUWAGADHI

After breakfast, drive towards Keyrong border. Here we walk to the Nepalese immigration control in Rasuwagadi, complete the Nepal entry formalities and get transferred to your vehicle standing in Nepal side. Drive further to Kathmandu. This drive may take about 7-8 hours or more by bus depending on road and traffic conditions. Dinner and night stay will be in the hotel at Kathmandu.

Meals included: Veg Breakfast, Lunch, Dinner

Max Elevation : 1400 m Distance covered : 262 kms

Accommodation Style: 3\* equivalent hotel



### **DAY 14: DEPART FROM KATHMANDU**

Intime you will be transferred to Kathmandu Tribhuvan International airport to board your flight back to your hotel/next destination.

Meals included: Veg Breakfast



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# **Tentative Trip Price**

(per person for 14 days and 13 nights (04 nights stay Nepal side + 09 nights stay China side)

Nationality <b>▼</b>	Trip cost ▼	Other charges ▼
Indian passport holders	INR 155,000/- per person	China visa – INCLUDED Tibet Permits – INCLUDED Nepal Visa – Not required Insurance – Not Included
Non-Resident Indians & Foreigners (Other than USA & Canada)	USD 2580 per person	China visa – INCLUDED Tibet Permits – INCLUDED Nepal Visa – Payable on arrival Travel Insurance – Not included
US & Canada Nationals	USD 2710 per person	China visa – INCLUDED Tibet Permits – INCLUDED Nepal Visa – Payable on arrival Travel Insurance – Not included

**Important remark**: The above trip prices are subject to change in the event of increase in cost of any tour services or item mentioned in our list of inclusions here. Such increase in the cost by the concerned authorities, flight companies, local vendors, transport owners, hotels etc. may occur for post pandemic travel due to several reasons including, but not limited to, currency rate fluctuation, hike in govt taxes, hike in diesel/petrol charges, escalation in prices of goods and services in the country of travel etc. These situations are beyond our control and if any increase in cost takes place after bookings, before travel or even during the travel; we shall inform the same to affected trip participants. All those additional charges will be payable by the travellers only, in addition to the agreed amount for the trip.

To read all our Booking and Cancellation Policies **CLICK HERE** 



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## **List of Cost Inclusions**

#### Nepal portion of the trip »

- Airport to hotel return transfers in Kathmandu
- 03 night stay in a 3 star or equivalent hotel in Kathmandu on sharing basis
- 03 breakfast, 03 lunches, 03 dinners in Kathmandu hotel (pure vegetarian buffet meal)
- Temple visits in Kathmandu,
- Kathmandu to Keyrong border return transfers by Nepalese non a/c bus
- 01 night stay in a guest house at Timure /SyabruBesi with local meals,

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#### Tibet portion of the trip »

- 03 nights stay in a guesthouse at Keyrong on sharing basis with all veg meals,
- 02 nights at Saga/Dongba in a hotel with all veg meals,
- 01 night stay in a guesthouse near Lake Manasarovar on sharing basis with veg meals,
- 01 night stay in a hotel at Darchen,
- 01 night stay in a guesthouse at Dirapuk on sharing basis,
- 01 night stay in a guesthouse at Zuthulpukh on sharing basis,
- Light breakfast, packed lunch, light dinner during parikrama days,
- Transport in Tibet side by Luxury air conditioned Tibetan bus,
- Support truck to carry kitchen equipment and other material,
- English speaking Tibetan Tour guide in Tibet side,
- Nepali tour leader supported by cook, helper and Sherpa,
- First aid facilities and emergency oxygen in Tibet,
- Necessary group permits for visiting restricted areas near Mt. Kailash,
- Normal Tibet single entry group visa to visit Kailash Manasarovar,
- Nepal-China border tax, all Nepalese and Tibetan Govt taxes
- One Duffle Bag, One Backpack and One water proof wind cheater free,

Remark: All above services and facilities are subject to availability. We do not warrant for the accuracy and completeness of the same in adverse situations.



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# **Important Cost Exclusions**

Any travel expense from home to Kathmandu and back, Travel and medical insurance (kindly ensure that your ensure policy includes emergency evacuation expense), Nepal visa fee for Non-Indian passport holders, emergency evacuation service charges, emergency medical expenses, Ashtpad visit charges, extra expense for additional hotel stay and food in the event of delay in trip due to any reason, extra expense for food and hotel stay in the event of change in tour plan by the traveller before or during the trip, mule and porter charges, any expenses of personal nature, urgent visa fee if required, India GST (Goods and Service Tax), visa splitting charges and all additional expense for returning early from the trip due to any reason, hike in trip price due to any sudden change in entry permit fee/visa fee/currency exchange rate etc, any other additional expense incurred due to Weather conditions, Natural disaster, Act of God, Technical failure, Delay or cancelation of flights, delay by authorities in visa or permit, strikes, riots, pandemic situation, war, lockdown or any other (and all) additional expense incurred due to any other unforeseen reasons/circumstances.

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# How to Book your trip

To enroll in our Kailash Mansarovar Overland trip from Kathmandu-2023, each traveler need to submit (1) Scanned copies of a valid passport (*The passport should be valid for atleast 06 months from the date of start of the journeys*) (2) Yatra Booking Application Form 2023 with 'Annexure-I' for duly filled and signed by each traveller separately, (3) Two latest coloured passport size photograph for Chinese visa and Permit Applications, (4) Yatra registration fee INR 15000/- per head (Indian passport holders) or US\$250 (All non-Indian passport holders). All payments must be made in the favour of M/S Max Holidays India Pvt. Ltd. payable at New Delhi, India only. We accept payments through Online Bank Transfer (NEFT/RTGS/SWIFT), Online Credit/Debit Card Payment Gateway, Bank Cheques and Demand Drafts. To know our bank account information kindly contact our accounts department at accounts@maxholidays.com or call us at *0091* 8800750030.

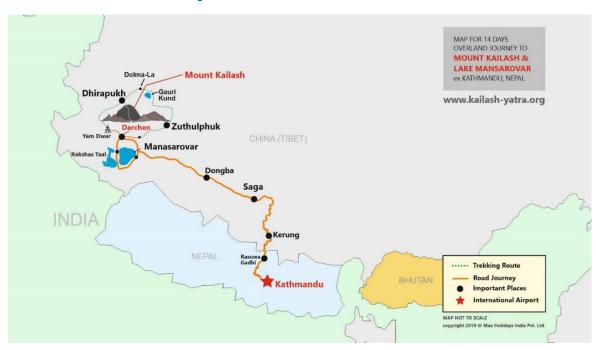
**Attention**: Kailash Yatra booking involves financial risk in the event of cancellation or non-operation of the trip. Before processing your bookings, please **CLICK HERE** to read.



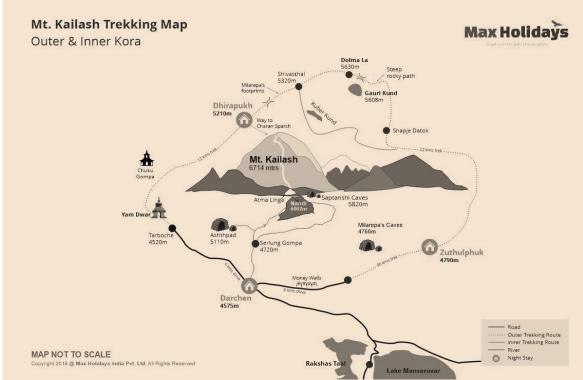
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# Kailash Yatra Map - by Road from Kathmandu, Nepal



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For a larger view of the maps **CLICK HERE**